












Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Did you change the batteries in your smoke detector after Daylight Savings Time??</i></p>	<p>May 23rd is the last day to sign up for the Father's Day Holiday Meal in June!</p>		<p>1) Homemade Meatloaf w/ Gravy Cheesy Mashed Potatoes Mixed Vegetables Wheat Dinner Roll Sliced Pears PC Ketchup</p> 	<p>2) Julienne Salad w/ Ham, Bleu Cheese Crumbles and Croutons Minestrone Soup w/ Crackers Rye Bread Deluxe Fruit Cup PC Dressing</p> 
<p>5) Roast Pork w/ Gravy Au Gratin Potatoes Seasoned Carrots Wheat Bread Cinnamon Applesauce</p> 	<p>6) Chicken Salad Sandwich w/ Lettuce, Tomato, Onion Pickled Beets Spinach Salad 2 Slices Wheat Bread Mandarin Oranges</p>	<p>7) Mother's Day Meal Creamy Lemon Chicken Rice Pilaf Garden Salad Whole Wheat Dinner Roll Cheesecake w/ Cherry Topping PC Dressing</p>	<p>8) Polish Sausage Scalloped Potatoes Bavarian Sauerkraut Wheat Hot Dog Bun Fruited Gelatin w/ Whipped Topping PC Ketchup, Mustard</p>	<p>9) Breaded Chicken Patty Sandwich w/ Lettuce, Tomato, Onion Mac and Cheese Seasoned Broccoli and Cauliflower Wheat Hamburger Bun Fresh Cantaloupe PC Mayo</p>
<p>12) Meatball Sub w/ Tomato Sauce and Mozzarella Sweet Potato Wedges Garden Salad Wheat Hot Dog Bun Pineapple</p>	<p>13) Julienne Salad w/ Turkey, Cheddar Cheese and Croutons Pea and Pasta Salad Muffin Fresh Watermelon PC Dressing</p> 	<p>14) Mushroom Swiss Burger w/ Lettuce, Tomato, Onion Tri-Color Pasta Salad Seasoned Green Beans Wheat Hamburger Bun Banana PC Ketchup, Mustard</p>	<p>15) Ham Salad Sandwich w/ Lettuce, Tomato, Onion Broccoli Cheddar Soup w/ Crackers Marinated Vegetable Salad 2 Slices Wheat Bread Tangerines</p> 	<p>16) Chicken Stew Seasoned Peas Biscuit Fresh Orange</p>
<p>19) Chili Con Carne Broccoli Salad Corn Muffin Sliced Peaches</p> 	<p>20) Bone-In Pork Chop Baked Sweet Potato Mixed Vegetables Wheat Dinner Roll Applesauce</p>	<p>21) Greek Seasoned Chicken Breast Greek Seasoned Rice Seasoned Brussels Sprouts ½ Wheat Pita Bread Tropical Fruit Cup PC Greek Dressing</p>	<p>22) Chicken Caesar Salad w/ Croutons Brown Rice and Lentil Soup w/ Crackers Cinnamon Raisin Bread Fresh Cantaloupe PC Dressing</p> 	<p>23) Italian Sausage w/ Peppers and Onions German Potato Salad Italian Vegetable Blend Wheat Hot Dog Bun Pineapple PC Ketchup, Mustard</p>
<p>26) MEMORIAL DAY  REMEMBER AND HONOR <i>No meals served</i></p>	<p>27) BBQ Pork Riblet Baked Beans Seasoned Peas Wheat Hoagie Roll Heavenly Hash</p>	<p>28) Homemade Salisbury Steak w/ Gravy Mashed Potatoes California Vegetable Blend Wheat Dinner Roll Brownie PC Ketchup</p> 	<p>29) Cheeseburger Supreme w/ Lettuce, Tomato, Onion, Pickle Two-Type Potato Salad Caesar Salad Wheat Hamburger Bun Fresh Orange PC Ketchup, Mustard</p>	<p>30) Hot Dog w/ Chili Sauce Potato Salad Confetti Corn Wheat Hot Dog Bun Fruited Gelatin w/ Whipped Topping PC Ketchup Mustard</p> 

All meals are served with bread, butter, 1% milk, coffee or tea. Eat Well...Stay Well Lunch Sites are located throughout Niagara County. Call 716-438-4031 for more information. Suggested Contribution for meals is \$3.25. Menus are subject to change without notice. This is a Niagara County Office for the Aging Program serving the population age 60 and older.